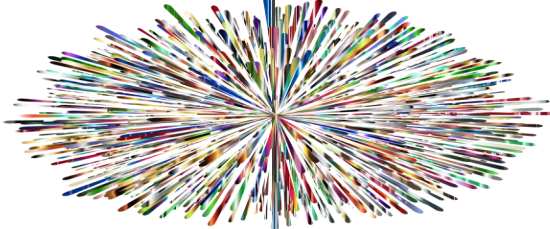


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	All menu items may contain nuts,beans,seeds,wheat, Bran and other allergens			1 Lemonade Hamburger w/ mustard Corn on the cob Cole Slaw Watermelon Roll <i>Hot Dog on roll w/ mustard</i>
4 HAPPY 4th of July	5 Vegetable Barley Soup Veal w/mushroom gravy Seasoned Whole Grain Ziti Winter Blend Vegetables Fig Bar Garlic Bread <i>(Pastrami & Swiss on Rye)</i>	6 Red Chowder Salad Entrée Grilled Chicken w/ Mandarin orange, Crunchy noodles, Tomato/Lettuce/ Asian Dressing Roll / Fresh Fruit <i>Tuna Salad on roll w/ side salad</i>	7 Onion Soup w/Croutons Turkey Chili Corn Bread Broccoli Spears Mandarin Oranges Multi Grain Bread <i>(Meatloaf on Multi Grain)</i>	8 Christmas Dinner Pasta Fagioli Stuffed Chicken w/Gravy Red Bliss Mashed Potatoes Green Beans Almondine Ice Cream Wheat Bread <i>(Seafood Salad on Wheat)</i>
11 Split Pea Soup Baked Ham w/Pineapple Ring Sweet Potatoes King Edward Blend Vegetables Coffee Cake Dinner Roll <i>(Roast Beef & Cheese on a Roll)</i>	12 Onion Soup w/Croutons Swedish Meatballs Buttered Noodles Capri Blend Vegetables Sliced Pears Wheat Bread <i>(Low Sodium Hot Dog/ Roll)</i>	13 Beef Vegetable Soup Rosemary Chicken Oven Roasted Potato Mixed Vegetables Fruit Cocktail Pumpernickel Bread <i>(Italian Tuna on Pumpernickel)</i>	14 Pasta & Bean Soup Shepherd Pie w/ Ketchup Baby Whole Carrots Mandarin Oranges Wheat Bread <i>(Chicken Salad on Wheat)</i>	15 100% Juice Broccoli & Cheese Quiche Turkey Sausage Tomato Half Greek Yogurt <i>(Turkey & Cheese on Wheat)</i>
18 Beef Noodle Soup Chicken Marsala Garlic Mashed Potatoes Broccoli Cuts Sherbet Multi Grain Bread <i>(Ham Salad on Multi Grain)</i>	19 Italian Wedding Soup Roast Turkey w/Gravy Cornbread Stuffing Seasoned Spinach Fresh Fruit Garlic Roll <i>(Seafood Salad on a Roll)</i>	20 100% Juice Entrée Salad Antipasto Salad w/ Ham/Cheese/Salami Tomato/Cucumber/onion Dressing Roll / Brownie <i>Meatloaf w/Ketchup on roll</i>	21 Happy Birthday Chicken Soup Pot Roast w/ low sodium Gravy Mashed Potatoes Green Beans Frosted Cupcake Marble Bread <i>(Egg Salad on Marble)</i>	22 Shrimp & Corn Bisque Boneless BBQ Rib Baked Beans Carrot Slaw Cantaloupe Dinner Roll <i>(Italian Grinder)</i>
25 Lentil Soup Low Sodium Hot Dog Macaroni Salad Cole Slaw Ice Cream 9-Grain Bread <i>(Turkey & Swiss on 9-Grain)</i>	26 Tomato Vegetable Soup Roasted Airline Chicken Seasoned Whole Wheat Pasta California Blend Vegetables Pudding Rye Bread <i>(Tuna on Rye)</i>	27 Chicken Escarole Soup Veal w/Marinara Sauce Pesto Whole Grain Pasta Italian Blend Vegetables Fruit Bar Pumpernickel Bread <i>(Bologna & Cheese on Pumpernickel)</i>	28 Tomato Vegetable Soup BBQ Beef Mashed Potatoes Mixed Vegetables Fresh Fruit Rye Bread <i>(Salmon Salad on Rye)</i>	29 Clear Chowder Florentine Fish Rice Pilaf Sliced Carrots Brownie Oatmeal Bread <i>(Corned Beef/Swiss/Oatmeal)</i>